

Three Part Series- (Sep. 29th, Oct. 6th, Oct. 13th) 3:30pm-5pm MST

Part 1- SEL Strategies to Flip the Script Around Student and Staff Supports

Part 2- Finding and sharing calm in the midst of chaos

Part 3- Building exSElEnt student support systems

Teaching and learning are all about relationships, and yet health concerns are challenging our normal systems for building positive climates and supporting students and staff. Trauma informed re-entry as well as Social and Emotional Learning will play critical roles this year as we engage in various remote, in-person, and hybrid models during COVID. Join us for this engaging look at the challenges, strategies, and levers for positive change. These are moving, interactive and highly engaging workshops that give everyone an inspiring vision for what a powerful SEL program can and should be. It covers the basics, the data, the components and best practices of SEL. There are actionable strategies to move student supports to a more proactive rather than reactive model and tie in Social and Emotional Learning as foundational to that work. Most of all, it is a collaborative experience of what SEL feels like when done well.



Each session is 90min and the presenter will stick around to answer any questions after the session. Follow up materials will be provided and each session will have reflection activities and suggested readings for the next session. The first session is a repeat of the popular session done for NMPED in August. The second and third sessions dive deeper into topics that are introduced in the opening session.

Make sure and join us for this three-part series full of engaging, inspiring, and actionable content.

BIO:

R. Keith Matheny is a national award-winning teacher, author, and speaker. He was a 2015 winner of the Crystal Star Award for Excellence in supporting student success from the National Dropout Prevention Center. In addition, He is a member of the Aspen Institute's Social Emotional and Academic Development (SEAD) Council of Distinguished Educators. A passionate and dedicated former classroom teacher with over 25yrs experience. He created and taught an innovative social and emotional learning freshman seminar, which helped reduce freshman failures by 41% and discipline referrals by 71% at Austin High School over a four-year period. His class has had over 400 educators visit in his last 6 years, was featured in an article in The Atlantic, and has now spread to many more schools and districts. One of his former students, who went from "at risk" to ivy league, recently did a Ted talk and referenced the class he teaches. Keith is a co-author of School-Connect a research and evidence-based social and emotional learning curriculum now in over two thousand secondary schools. He is an engaging frequent public speaker and keynote on SEL, school safety, and multi-tiered systems of student and staff supports. He was the keynote for twelve educational conferences in the past three years. His work and the schools he worked with have been frequently featured in national webinars, magazine articles, and journals of best practices. Since 2014, he has helped launch over three hundred SEL programs in secondary schools, has led over three hundred teacher trainings, and has presented at two congressional briefings on SEL, in Washington DC.

Finding and Sharing Calm in the Midst of Chaos (session 2)

There is no doubt we are all experiencing a storm in our lives and for many teachers, families, and students it has had a significant impact on their emotional and mental health. Dysregulated people dysregulate people, so finding and sharing calm in the midst of today's chaos is a critical skill. As educational systems we must help proactively build these skills in students and adults. We are not able to think clearly and rationally when we are dysregulated and often make the biggest mistakes in our lives when we have lost control of our emotions. What does it mean to be emotionally hijacked? What do we do when we are emotionally hijacked? and How can we prevent ourselves and others from becoming emotionally hijacked? This session covers all of that and more, as we explore the brain science of emotional hijacking, awareness skills, regulation and co-regulation skills. Join us for an extremely useful session not only for working with students, but also for one you will find helpful personally and with the adults you care about.

Links to sessions:

SEL Strategies to Flip the Script Around Student and Staff Supports (part one of series -repeat of popular session in August)

When: Sep 29, 2020 03:30 PM Mountain Time (US and Canada)

Register in advance for this meeting:

<https://us02web.zoom.us/meeting/register/tZUkceyggTkiHNS43GnMfJGg1LxTy-N3ArmA>

After registering, you will receive a confirmation email containing information about joining the meeting.

Finding and sharing calm in the midst of chaos

When: Oct 6, 2020 03:30 PM Mountain Time (US and Canada)

Register in advance for this meeting:

<https://us02web.zoom.us/meeting/register/tZErde-prijtGNUUd7oob-PN9UxATpSQBkc5>

After registering, you will receive a confirmation email containing information about joining the meeting.

Building exSELEnt student support systems

When: Oct 13, 2020 03:30 PM Mountain Time (US and Canada)

Register in advance for this meeting:

https://us02web.zoom.us/meeting/register/tZwtceCspzsqHN3h3hBROXZJJRsMDX_nY7UE

After registering, you will receive a confirmation email containing information about joining the meeting.